



A Recipe for...

Meteorite Meatballs



- Mix the beef with breadcrumbs, oregano, nutmeg, parsley, egg, grated cheese, salt and pepper.
- Roll the mixture into 24 equally sized balls.
- Fry the meatballs in a non-stick frying pan until golden brown.
- Add tomatoes, salt, pepper and oregano.
- Cook for 15-20 minutes.

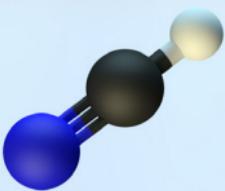
Preparation time: 30 min

Cooking time: 20 min

Ingredients (for 24 meatballs):

- 300 g ground beef
- 25 g Parmesan cheese
- 30 g breadcrumbs
- 1 tbsp extra virgin olive oil
- 350 g canned tomatoes
- 1 tbsp parsley
- 1 tsp oregano
- 0.5 tsp grated nutmeg
- 1 egg

What is... hydrogen cyanide?



Hydrogen cyanide, HCN, was formed as meteorites streamed through the atmosphere of young Earth. The carbon- and nitrogen-containing molecules in the atmosphere were broken apart by the intense **heat** surrounding the **meteorites**. The atoms then recombined to make HCN, a very stable molecule.

We think that many of the building blocks of life were formed from this molecule.

Find out more:



<https://mrc.io/recipe4life>

